



# MORE THAN JUST PLAY

**MAKES  
CHILDREN  
CREATIVE;**

*They use their  
imagination*

**HELPS FOCUS;**

*Children learn to pay attention closer*

**MAKE FRIENDS;**  
*Children practice  
turn-taking and  
playing fair*

**MAKES CHILDREN  
STRONG;**  
*Running and jumping  
helps bodies grow*

**TEACHES  
FEELINGS;**  
*Helps children  
understand  
emotions of  
their own  
and others  
around them*

**HELPS SOLVE PROBLEMS;**  
*Children learn to figure things out*

**BUILDING TALKING SKILLS;**  
*Children learn new words*

**REDUCES STRESS;**

*Children feel calmer and happier*

**BUILD CONFIDENCE;**

*Trying new things makes  
children feel good*

